Adding Value To Philanthropy

THE i-CARE FOUNDATION

Annual Report 2012
Mission:
The mission of the i-Care Foundation is to improve the quality of life of underprivileged Pakistanis, by enhancing the level of philanthropic support to deserving Non Profit Organisations (NPOs), and by working with them to improve their capacity to deliver more, with greater impact.

Vision:
Our vision is to significantly improve the quality of life of a large number of underprivileged Pakistanis by funding and collaborating with organisations that can help to bring about this change.
Board of Trustees & Others

Trustees

Farrokh K. Captain, Chairman
Dr. Feriha Peracha, Vice-Chairperson
Aftab Saeed Raja, Agriculturist
Ahsan Jarnil, CEO, Aman Foundation
Arif Naqvi, CEO, Abraaj Capital
Asif Fancy, Senior Advisor, Office of the President, AKU
Fauzia Kasuri, Social Worker
Hussain Dawood, Chairman, Dawood Group
Dr. Ishrat Husain, Dean and Director, IBA Karachi
Mohsin Nathani, CEO, Standard Chartered Bank, Pakistan
Muddassar Malik, CEO, BMA Funds
Sarim Sheikh, President and CEO, General Electric, Pakistan
Shahzad Qasim, CEO, Creative Energy Resources
Spenta Kandawalla, Director, Captain Industries
Waqar Malik, CEO, ICI Pakistan

Chief Executive Officer: Faisal Farooq Khan
Executive Director: Dr. Zahir Ali Syed
Auditors: A. F. Ferguson & Co.

Legal Advisor: Raashid Anwer, Khalid Anwer & Co.
What We Do

The i-Care Foundation is Pakistan’s first Donor-Advised Fund. It aims to improve the quality of life of underprivileged Pakistanis by enhancing the level of philanthropic support provided to deserving non-profit organisations (NPOs) across the country. We work with a number of organisations to increase their capacity to deliver more with greater impact.

The i-Care Foundation is a registered, not-for-profit and tax-exempt trust which acts as a trouble-free, low-cost, flexible vehicle for charitable giving. It provides an alternative to direct giving or to creating a private foundation. Donors enjoy administrative convenience as we undertake due diligence, monitoring and management aspects for them, keeping them updated on the projects to which they are contributing.

Our areas of focus include health, education, entrepreneurship, job creation and disaster assistance. When working with NPOs in these areas, we concentrate on four key interventions to maximise output using the resources solicited. These are: money, monitoring, mentoring and collaboration.
Content

Chairman’s Message 6
Year in Review 7
i-Care’s Impact 8
A Closer Look 13
Financial Highlights 22
How to Donate 24
The i-Care Fund America Inc. 25
Organisations We Work With 26
Acknowledgments 28
Chairman’s Message

The i-Care Foundation exists to build on the efforts being made by civil society in Pakistan - to bring about meaningful change in the lives of the most vulnerable.

Pakistani philanthropists continue to step forward to provide hope and to help restore the dignity of marginalised peoples. The generous grants of Rs. 143 million to The i-Care Foundation from various donors has impacted thousands of lives through 24 civil society organisations, the work of which is described in this report. While overall donations were higher last year due to flood relief efforts, there was a 24% increase in non-flood related activities this year. With these funds, the i-Care Foundation partnered with credible organisations to provide shelter for past flood victims, medical treatment for underprivileged patients, and quality education for children.

In the outgoing year, we have particularly benefited from the support of the Pakistani diaspora in North America. They have come together to support the work of several Pakistani non-profit organisations. Their donations have also funded the creation of new projects such as the launch of pediatric emergency clinics across Karachi. One of our primary goals in the coming year is to build the capacity of non-profits to raise funds overseas. Donors see the value addition provided by i-Care as a trustworthy and reliable channel through which they can contribute to bouquet of worthy causes in Pakistan.

We are grateful to all our donors who have supported our work. It is they who make possible the work of the 24 NPO partners with whom we work with. These donors and NPOs are the enabling heroes of our vibrant society. In addition to our partners, I would also like to thank our eminent Board of Trustees, whose generosity allows i-Care to carry out extensive philanthropic work. I would specially like to thank Mr. & Mrs. Arif Naqvi for their generous pledge of matching of our other Trustee Director's philanthropic contributions to The i-Care Foundation. Our trustees enable us to provide services both to donors and charities that have proven to play a vital role in the cultivation of short-term relief and long-term means for sustenance in the communities in which they work. Finally, without the work of our dedicated employees, none of this would have been possible. I thank them for their commitment and their efforts on behalf of the underprivileged people of Pakistan.

Farrokh K. Captain
Chairman
Year in Review

The monitoring and evaluation of projects are the cornerstone of i-Care’s work. Acting as the donor’s representative, i-Care monitored each project in the past year to ensure that donations were well spent. This included site visits to verify the work done, oversight of financial records, and the requirement of regular reports from supported non-profit organisations. An example of this includes the visits made to the houses built for flood victims, during which residents were interviewed to ensure that houses were allocated to the most vulnerable of the population, such as the elderly, widows and the disabled.

The i-Care Foundation has been able to further augment to the relationship between donors and recipient charities by functioning as a mentor to maximise the output of the money utilised toward positive causes. We have helped build the working capacity of organisations such as Charity Support Trust who were assisted in establishing legal presence, financial procedures and human resources to effectively carry out the tasks at hand. A number of charities were also assisted in programme design.

Every opportunity was used to encourage charities with similar goals to collaborate with each other, so as to improve the efficiency and effectiveness of their programmes. A prime example of this is the Shamil Collaborative Community Mental Health project. Here, i-Care is bringing three partners together, and is also acting as the coordinator of the programme. This pilot programme, which to date has reached out to a population of 150,000 has impacted the lives of 700 patients in seven months. Five different organisations under the guidance of i-Care have worked together to implement a new model of community psychiatry in Pakistan. This model has the potential of being replicated at other locations in Karachi or other parts of Pakistan.

Faisal Farooq Khan
Chief Executive Officer
i-Care’s Impact

Ensuring Timely Aid For Those Who Need It Most

Non-profit organisations have been active in ongoing relief efforts through the wake of the second year of Pakistan’s devastating floods in 2011. This was a huge undertaking and with it came the challenges of how to effectively assist the maximum number of affected persons with the minimum resources.

The i-Care Foundation worked on several disaster relief projects. These were aimed at ensuring productive use of time and funds to help restore the lives of those who were most susceptible to the aftermath of natural disasters such as floods.

In Southern Punjab and Sindh, i-Care worked with an emergency relief organisation, Charity Support Trust (CST), on how to cut the cost of shelters down by 50% by using local labour and materials. This resulted in doubling the number of houses built.
“Rebuild, Reuse and Re-stabilise” was the system which was applied for the construction of these houses. CST was inspired by the methodology of the famous architect Nayyar Ali Dada. They used compacted mud bricks which were prepared through a custom-made press (named ‘Bhutta Junior’ by Nayyar Ali Dada’s team), to supplement the use of local materials and to reduce transportation cost of the materials. A light bamboo structure with a polythene sheet on the roof and a mud pasting over it, made this model water proof, ecologically friendly, cost-effective, able to be easily processed and most importantly, less dangerous in case of a possible collapse. Using salvageable material from collapsed houses left after the flood made this project further cost efficient.

Community involvement was very much a part of the rehabilitation process. CST helped community members develop building skills as well as restore their context in accordance with their cultural norms in a sustainable manner. The organisation used the services of house owners and local labourers and masons rather than outside manpower. This gave people an opportunity to build their own houses as well as to earn and sustain their families.

The I-Care Foundation’s involvement continued through the monitoring phase. In these site visits, interviews were held to ensure that the shelters were indeed allocated to the most vulnerable.

Kalim’s Story

Fifty six year-old Kalim (name changed for privacy reasons), resident of Chak Darkhanwala, was one of the many who were affected by the 2010 floods. Chak Darkhanwala is located 20 km from D.G. Khan on Sheru Bandh of River Indus in Punjab. Chak Darkhanwala and adjoining villages were destroyed by the floods.

The family of Kalim consists of six members: Kalim and his wife, one son and three daughters. Kalim works as a labourer on daily wages. His village is located near the river bank and was severely affected by the floods. He said, ‘when our village was hit by the floods, I had a mud house of one room with a straw roof which was partially destroyed. My family and I had no choice but to leave our house. Grabbing a few of our essential belongings, we ran for our lives and migrated towards D.G Khan to seek support from our relatives. After a few days, when we came back to our house, what we saw was heartbreaking. The walls were completely damaged, and there was no roof. Those were the worst days of my life.’

Kalim had no savings or any source of income to build his own house again, so he shared a room with his relatives. CST’s flood relief team selected his village to build houses for the flood affected people. Kalim expressed his feelings, ‘with the help of CST team I was able to build my own house. This helped me to restart my life after losing everything I had in the floods.’
Completing The Vision For A Model Rural Village (Rashidabad)

The Rashid Memorial Welfare Organization (RMWO) established a model village in Tando Allayar (three hours from Karachi) in 1999. The 100-acre area provides all major social services, including three schools, three health facilities, an orphanage, an upcoming vocational institute and a school for deaf children. Rashidabad is unique in its creation of synergies amongst ten diverse non-profit organisations, including The Fatimid Foundation and The Citizens Foundation, which run their facilities independently.

The i-Care Foundation is contributing to this massive project by raising funds for RMWO from US donors and also helping to build capacity of RMWO. These funds are helping in the construction of Hunar Foundation’s vocational training facility and the Family Education Services Foundation’s school for deaf children.

"i-Care has helped us in raising $400,000 from the US this year. Without their support, we simply would not have been able to begin operations at our newest hospital which in its full capacity will have 200 beds. The i-Care Foundation adds tremendous value to the work of philanthropic organizations in Pakistan with its multi-faceted approach and expertise."

- Air Commodore Shabbir A. Khan, Founder, Rashid Memorial Welfare Organisation
Helping Scale Up The Provision Of Paediatric Emergency Care

Pakistan has one of the highest infant and child mortality rates in South Asia. Most of these deaths are preventable with timely access to quality medical care. It is important that paediatric care, especially emergency care is available within the golden hour (first hour) to save a child’s life.

One of i-Care’s approved charities, Childlife Foundation, has revamped the Pediatric emergency unit at Civil Hospital in Karachi. This government hospital caters to 100,000 children annually. The i-Care Foundation is helping Childlife build the capacity to increase this number to one million children a year in the next two years, by expanding its network of clinics in Karachi.

The i-Care Foundation has also aided the organisation with fundraising initiatives in North America, leading to sponsorships for several clinics in low-income neighbourhoods.

We chose to sponsor a clinic through The i-Care Foundation because they gave us the flexibility of selecting from a wide range of projects under a single platform and managed the logistics of donating, including monitoring, on our behalf.

—Saadia Naveed, Executive Director, English Biscuit Manufacturers
Creating Synergies For Increased Access To Mental Healthcare

Mental health in Pakistan has been a subject of much debate over the last few years. The i-Care Foundation, together with the Aman Foundation, has taken the lead in pioneering a pilot project called ‘Shamil’ to develop a workable model for community psychiatry. A model that can be replicated and scaled-up to address the needs of a wider population for making a significant dent in the mental health space.

The project was conceived in response to the recognition that as the stress factors in our environment continue to mount, adequately addressing mental health issues is of critical importance to the well-being of individuals, their families and national development. This goal is challenging considering the largely unacknowledged and widespread nature of mental illness in Pakistan and the severe stigma, discrimination and mistreatment (both literal and figurative) that often confronts those who suffer from mental illness. This stigma also negatively impacts the resources and investments being made to address the issue of mental health.

The Shamil project design brings together three different non-profit organizations as implementing partners: Karwan-e-Hayat for psychiatric treatment, Health and Nutrition Development Society (HANDS) with its model of community outreach to identify and follow-up on patients, and the Pakistan Association for Mental Health for training, and research.

In less than a year 700 patients have been enrolled. A number of them are making steady progress towards treatment, rehabilitation by relearning their lost skills and being reintegrated into the community. Some have even been employed. In addition, there is a perceptible change in Knowledge, Attitudes and Practices of the community towards mental health patients.
A Closer Look

Alleviate Addiction Suffering Trust - AAS Trust
Thematic Area: Addiction Treatment

The Alleviate Addiction Suffering (AAS) Trust focuses on the treatment, rehabilitation and after care of drug addicts, particularly those that come from underprivileged areas.

Formed in 2001, AAS Trust now runs two full time residential treatment programmes, including one for street children. It also has an after care unit that acts as a bridge to normal life for those who completed residential treatment.

Since 2006, AAS has been running a detoxification and rehabilitation project for street children with the assistance of the United Nations Office for Drug and Crime (UNODC) and the Anti Narcotic Force (ANF), Karachi. Financial assistance ceased in 2008 after which the Trust continued the project on its own and to date 735 children have been rehabilitated.

AAS trust was supported through The i-Care Foundation for the operations of their Children’s Primary Care unit. A van was also donated to facilitate the commute for children receiving vocational training.

The Patients’ Behbud Society - AKUH (PBS)
Thematic Area: Patient Welfare

The Patients’ Behbud Society was founded in 2001 by well-wishers of The Aga Khan University Hospital (AKUH). Its main objective is to assist financially disadvantaged patients to avail high quality health care at AKUH. The society’s sources of funding are Zakat contributions and donations received from staff and employees of AKU, donors and corporations. These in turn are disbursed to deserving patients in accordance with Shariah (Islamic Law).

The donation by i-Care to The Patients’ Behbud Society was used for the chemotherapy of underprivileged patients.

Al-Mehrab Tibbi Imdad (AMTI)
Thematic Area: Hospice for cancer patients

Al-Mehrab Tibbi Imdad (AMTI) was formed for the purpose of providing free medical aid and sanctuary to destitute and terminally ill cancer patients. The hospice was established in 1997 and provides facilities for patients to have a good quality of life similar to the comforts of home. It has a complete medical staff available 24 hours.

The donation given to AMTI by i-Care was used for administering chemotherapy and post-chemotherapy medication and care.
Bait-ul-Sukoon Cancer Hospital (BS)
Thematic Area: Cancer Hospital

'Bait-ul-Sukoon' (House of Peace and Contentment) is a free cancer hospital and hospice in Karachi. The Bait-ul-Sukoon Foundation has constructed a purpose-built building with 45 beds for inpatients and diagnostic facilities. The facilities include mammography, ultrasound radiography, pathological laboratory and an in-house pharmacy offering a complete range of cancer treatment drugs. Palliative as well as curative treatment is provided free of cost to all patients. Complete cancer treatment including boarding and lodging costs, are borne by the institution.

The donation to Bait-ul-Sukoon assisted in chemotherapy treatment.

Charity Support Trust (CST)
Thematic Area: Health, Education and Disaster Relief

Charity Support Trust (CST) focuses on health, education and providing assistance during and after disasters.

The grant given to CST was used to build houses in flood affected areas, expand a girls school in Bhalwal and to operate a physiotherapy centre in Lahore. As part of its ongoing flood relief efforts, CST had started a housing project in villages near Jacobabad and Dera Ghazi (DG) Khan for those rendered homeless in the devastating floods. CST built 103 houses for flood victims, housing 618 beneficiaries.

Child Aid Association - NICH (CAA)
Thematic Area: Pediatric Cancer Patient Welfare

Child Aid Association provides medical and food support to underprivileged children at the National Institute of Child Health (NICH), Karachi. It has supported the treatment of over one million children to date. In 1999, the Association established the first pediatric oncology unit in Pakistan and since then has been providing free support to children who come from all over the country and are suffering from cancer.

The grant to Child Aid Association was used to fund medicines and food for children with cancer.
Children Cancer Hospital (CCH)
Thematic Area: Pediatric Cancer Treatment

Since its establishment in 1999, Children Cancer Hospital is a premier facility exclusively dedicated to the treatment of children with cancer. The hospital has so far provided free diagnosis and treatment to more than 1,800 children with cancer. More than 500 children have completed their treatment and are enjoying a normal, healthy life.

The grant given by i-Care was used for diagnostic and chemotherapy treatment of needy children with cancer.

Dar-ul Sukun (DUS)
Thematic Area: Mentally and physically challenged children and adults

DUS is a home for children and adults who are rejected by their families because of a physical deformity or because they are mentally challenged. With four branches spread across the city of Karachi, the one at Kashmir Road cares for almost 200 people. The home has 53 staff members including five sisters of the Franciscan Missionaries.

Founded in 1969 by Sister Gertrude Lemmens, the three-storied building has clean and well-lit rooms as well as recreation facilities for those who live there. A physiotherapy room and electrotherapy rooms are some of the basic features of the centre.

The grant by i-Care was used for training and acquiring equipment, furniture and educational material.
Family Educational Services Foundation (FESF)

Thematic Area: Education for Deaf Children

Family Educational Services Foundation (FESF) is a non-profit educational organisation working in Pakistan since 1984.

One of the projects of FESF is the Deaf Reach Schools. These schools’ Training Centres offer academic and vocational skills training for deaf children, teenagers and young adults in urban and rural areas - empowering them to become knowledgeable, self-sufficient and diverse in their talents and abilities. Five such schools and centres are located in Karachi, Hyderabad, Sukkur and Lahore with a new large campus under construction in Rashidabad.

The funding provided by i-Care will be used to acquire teaching aids and equipment for the Deaf Reach School at Rashidabad.

Health Oriented Preventive Education (HOPE)

Thematic Area: Health

Health Oriented Preventive Education (HOPE) is an NGO providing services of health and education for the poor and needy in Pakistan. The major activities of HOPE includes provision of health care through hospitals and maternal and child health centres. In addition, education for children is provided through formal and informal schools. Vocational centres provide computers and vocational training for the youth.

Funds provided by i-Care were used for providing medical treatment and food rations to flood affected people.

KASHF Foundation (KF)

Thematic Area: Microfinance

Kashf’s mission is to help alleviate poverty by providing quality and cost effective microfinance services to low income households, especially women, to enhance their economic role and decision-making capacity.

It aims to empower poor women and their families to become economically self-reliant by providing financial services in a sustainable manner. Kashf promotes economic self-actualisation by providing the poor with economic opportunities so they can realise their potential, and overcome the barriers of poverty. Kashf believes that access to financial services is the basic right of every individual.

Kashf places the client at the centre of all financial services that it offers and designs products and services to fit
the client’s needs. Clients from low-income communities require innovative financial solutions to meet the many contingencies and crises they face as a result of vulnerable cashflows. With a constantly growing outreach of clients and a diverse product range, Kashf adheres to satisfying its clients with client focused products that grow with their evolving needs.

Based on the funding provided by The i-Care Foundation, KASHF focused on building houses for the most vulnerable segment of the flood affected people. The grant provided to KASHF was used for providing 100 houses in Tehsil Kot Addu of district Muzzaffargarh impacting 700 people.
**Kohatians Foundation (KF)**  
**Thematic Area: Scholarships for deserving students**

Kohatians Foundation was formed recently by a group of men who were willing to go into the communities and assist in the fight against poverty and deprivation. To do this they adopt and sponsor poor students, mentor them and create in them a sense of hope for the future. This group has since been joined by many others who share the same drive and passion.

The grant from i-Care is used to provide scholarships to 10 deserving students of Cadet College Kohat.

**Layton Rahmatullah Benevolent Trust (LRBT)**  
**Thematic Area: Eye Treatment**

LRBT is committed to creating a better Pakistan by preventing the suffering caused by blindness and other eye ailments. To this end, it provides comprehensive state-of-the-art, free eye care in keeping with its tradition of excellence, efficiency and compassion.

The funding from i-Care would be used towards an endowment fund for long term sustainability and one-half of its profits will be used annually for the operation of LRBT’s Arifwala Hospital in Punjab. In addition i-Care has also provided funds for eye operations.
Poor Patients Aid Society, Civil Hospital Karachi (PPAS)
Thematic Area: Patient Welfare

The Poor Patients Aid Society (PPAS) at Civil Hospital Karachi was formed in 1985. PPAS provides assistance to needy patients for medicines, lab tests and investigations. It also supports the needs of Civil Hospital such as installing lifts for patients, operating expenses for Radiology Department and Central Lab, etc.

The grant given by i-Care was used for providing medicine to needy patients.

Pakistan Human Development Fund (PHDF) / National Commission For Human Development (NCHD)
Thematic Area: Literacy

The National Commission for Human Development (NCHD) is a not-for-profit organisation with the mission to transform lives by improving access to basic education and healthcare in the country’s poorest communities. NCHD is the leading agency fighting illiteracy in all districts of Pakistan.

With a nationwide network of 101 Human Development Support Units, NCHD aims at enlarging the scale and scope of the efforts made by the government for effective provision of social services. NCHD is directed towards supporting government line departments, civil society organisations and the local communities in the sectors of education, basic healthcare and income generating activities.

The grant given by i-Care was used for educating children in rural areas.

Patients’ Aid Foundation, JPMC (PAF)
Thematic Area: Patient Welfare

The Patients’ Aid Foundation is a privately run, non-profit organisation with a focused agenda of providing impoverished people in Pakistan access to free basic medical attention at the Jinnah Post Graduate Medical Centre (JPMC) Karachi. The Patients’ Aid Foundation hopes to institutionalise its efforts so as to provide a committed structure within this largest government hospital, aiming towards restoring and revamping wards and medical equipment. PAF hopes to create channels through which affordable and free tests, scans and medicines are made available to the poor.

The funding provided by i-Care was used to procure medicine for needy patients.
Shaukat Khanum Memorial Trust (SKMT)
Thematic Area: Treatment for cancer patients

Shaukat Khanum is a centre of excellence providing comprehensive cancer care free of cost to thousands of poor patients. This pioneering, state-of-the-art hospital located in Lahore was founded by Imran Khan, one of Pakistan’s most renowned cricketers. As a charitable institute, it is funded pre-dominantly from the donations of friends and well-wishers from around the country and across the world.

The support provided by i-Care is for chemotherapy patients at Shaukat Khanum’s centre in Karachi.

Sindh Institute of Urology and Transplant (SIUT)
Thematic Area: Treatment for Urological disorders

SIUT provides free medical treatment for kidney and liver disease as well as cancer. It is a renowned centre for kidney transplantation. Most SIUT’s patients are financially incapable of affording modern diagnostic, treatment and transplant facilities. SIUT’s extensive facilities house state-of-the-art equipment and provides free treatment. This also means that many patients who would have to go abroad for costly treatment, are now being treated within the country, thereby reducing costs and saving foreign exchange.

The amount granted by the i-Care Foundation was utilised on the Immuno suppressive drug ‘Cyclosporin’ provided to poor patients. The medication is used to prevent transplant rejection in the patients. This drug has to be given for life and SIUT provides this medicine free of cost to all its transplanted patients.

SOS Vocational Training Institute (SOS)
Thematic Area: Vocational training for orphans and destitute

The SOS Vocational Training Centres provide young adults from SOS villages and the surrounding community with the skills they will need to secure reliable employment. They provide realistic job opportunities for the future and an avenue to independence.

Funds given by i-Care were used for sponsoring of vocational training.
Teach for Pakistan (TFP)
Thematic Area: Education

Teach for Pakistan is a nationwide movement of graduates and young professionals who commit two years to teach in under-resourced schools and go on to become lifelong leaders working from across all fields to expand educational opportunity.

The grant given by i-Care was used for paying salaries of the teachers.

The Oxford & Cambridge Society Karachi Educational Trust (OCSKET)
Thematic Area: Scholarships for students


The grant given by i-Care was used to give scholarships for needy students.

“I am pleased to be a part of the i-Care team, which is working in a number of different areas, including education. I am particularly looking forward to our collaboration on building an alumni database of support for IBA within the next year.”

-Dr. Ishrat Husain, Dean and Director, Institute of Business Administration
Trustee, The i-Care Foundation
The detailed accounts for period ended on June 30, 2012 can be provided on re-quest. Some of the highlights are presented below:

### Balance Sheet

**BALANCE SHEET AS AT JUNE 30, 2013**

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Non - current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fixed assets</td>
<td>1,910,762</td>
<td>89,745</td>
</tr>
<tr>
<td>Intangible assets</td>
<td>6,501</td>
<td>10,047</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1,917,263</td>
<td>99,792</td>
</tr>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investments</td>
<td>37,412,387</td>
<td>116,334,088</td>
</tr>
<tr>
<td>Donation receivable</td>
<td>-</td>
<td>47,253</td>
</tr>
<tr>
<td>Administrative fees receivable</td>
<td>2,081,703</td>
<td>-</td>
</tr>
<tr>
<td>Prepaid Insurance</td>
<td>43,617</td>
<td>-</td>
</tr>
<tr>
<td>Cash and bank balances</td>
<td>14,977,311</td>
<td>9,954,811</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td>54,515,018</td>
<td>126,336,152</td>
</tr>
</tbody>
</table>

**Less: current liabilities**

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other payables</td>
<td>57,500</td>
<td>57,500</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td>56,374,781</td>
<td>126,378,444</td>
</tr>
</tbody>
</table>

**REPRESENTED BY:**

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accumulated fund</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restricted funds</td>
<td>35,803,417</td>
<td>108,582,212</td>
</tr>
<tr>
<td>Un-restricted fund</td>
<td>20,571,364</td>
<td>17,796,232</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>56,374,781</td>
<td>126,378,444</td>
</tr>
</tbody>
</table>
# Income and Expenditure Account

For the Year Ended June 30, 2012

<table>
<thead>
<tr>
<th></th>
<th>2012 Rupees</th>
<th>2011 Rupees</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations</td>
<td>143,322,421</td>
<td>201,800,800</td>
</tr>
<tr>
<td>Return on investment and savings accounts</td>
<td>8,146,106</td>
<td>14,259,397</td>
</tr>
<tr>
<td>Administration Fee</td>
<td>2,081,703</td>
<td>5,081,434</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td>153,550,230</td>
<td>221,141,631</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2012 Rupees</th>
<th>2011 Rupees</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disbursements to charities</td>
<td>139,704,809</td>
<td>201,800,800</td>
</tr>
<tr>
<td>General administrative expenses</td>
<td>11,005,332</td>
<td>2,928,722</td>
</tr>
<tr>
<td>Tax Deducted at source</td>
<td>64,957</td>
<td>715,162</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>150,775,098</td>
<td>205,444,684</td>
</tr>
</tbody>
</table>

**Surplus for the year**

<table>
<thead>
<tr>
<th></th>
<th>2012 Rupees</th>
<th>2011 Rupees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surplus for the year</td>
<td>2,775,132</td>
<td>15,696,947</td>
</tr>
</tbody>
</table>
How to Donate

You can mail your cheques of donation to:

"The i-Care Foundation", F-192/1, Park Lane, Block 5, Clifton, Karachi.

For electronic tax-exempt receipt, email the following information to info@i-care-pakistan.org

1. Name ____________________________________________________________

2. Contact Number ___________________________________________________

3. Mailing Address (for receipt) __________________________________________

4. Donation is for (charitable organization) _______________________________

The i-Care Foundation, is a registered tax organization both in Pakistan and the United States. We will provide receipts that can be used to claim tax exemption.
The i-Care Fund America Inc.

The i-Care Fund America is a United States tax exempt (IRS 501 (c) (3)), Donor-Advised Fund (DAF). This is a way of giving in which the donor is able to support an organization of the donor’s choice. The donor may also request that the donation be invested, for a given period of time, for possible growth before disbursement.

The i-Care Fund America offers the opportunity for an administratively simple, low cost, flexible vehicle for charitable giving as an alternative to direct giving or to creating a private foundation. Donors enjoy administrative convenience as i-Care does the due diligence and all management aspects for them. Donors also enjoy cost savings and obtain tax advantages by conducting their grant making through the platform of i-Care.

Board of Directors

Mr. Farrokh K. Captain, Chairman
Mr. Shahzad Qasim, President
Mr. Kashif Riaz, Executive Director, Investment Banking, J.P. Morgan
Dr. Nasir Ashraf, Founder, National Commission for Human Development
Mr. Omar Qaiser, Principal and CFO, The Midway Groups
Dr. Raza Bokhari, Chairman, Parkway Clinical Labs
Mr. Usman Ismail, EVP, Lewtan Technologies, USA
Dr. Zebulton Taintor, Adjunct Professor, NYUSOM

Of Counsel

Ms. Anne-Marie Soulliere, President, The Fidelity Foundation

Advisor

Ms. Nigar Hussain, Ranking Diaspora Member
Organisations We Work With

AAS Trust (AT)
Acumen Fund (AF)
Al Mehrab Tibbi Imdad (AMTI)
Ali Hasan Mangi Memorial Trust (AHMMT)
Aman Foundation (AF)
Aman Health Care Services (AHCS)
Aman Tech (AT)
Bait-ul-Sukoon Cancer Hospital (BS)
Cancer Foundation Pakistan (CFP)
Charity Support Trust (CST)
Child Aid Association (CAA)
Childlife Foundation (CLF)
Children Cancer Foundation (CCF)
Dar-ul-Sukun (DS)
Family Educational Services Foundation (FESF)
Fatimid Foundation (FF)
Health and Nutrition Development Society (HANDS)
Health Oriented Preventive Education (HOPE)
Hum Pakistani Foundation (HPF)
Hum Qadam Foundation (HQF)
Institute of Business Administration, Karachi (IBA)
Karachi Relief Trust (KRT)
Karwan-e-Hayat (KeH)
KASHF Foundation (KF)
Kohatians Foundation (KF)
Layton Rahmatulla Benevolent Trust (LRBT)
Mahvash & Jahangir Siddiqui Foundation (MJSF)
Marie Adelaide Leprosy Center (MALC)
MIT Enterprise Forum of Pakistan (MITEFP)
Murshid Hospital (MH)
Pakistan Association for Mental Health (PAMH)
Pakistan Human Development Fund (PHDF/NCHD)
PANAH
Patients’ Aid Foundation, Jinnah Hospital (PAF)
Poor Patients Aid Society, Civil Hospital (PPAS)
Rashid Memorial Welfare Organization (RMWO)
READ Foundation (RF)
Shaukat Khanum Memorial Trust (SKMT)
Sindh Institute of Urology and Transplantation (SIUT)
SOS Children’s Village (SOS)
Teach for Pakistan (TFP)
The Citizens Foundation (TCF)
The Education Enrichment Foundation (EEF)
The Hunar Foundation (THF)
The Kidney Centre (KC)
The Oxford and Cambridge Society Karachi Educational Trust (OCSKET)
The Patients’ Behbud Society, AKUH (PBS)
Women and Children Medical Care Trust Hospital (WCMCTH)
Acknowlegements

Mr. Shafi Shaikh, his team and accounts department at Captain Industries for providing administrative and accounting support.

Mr. Raashid Anwer, Khalid Anwer & Co. for providing free of cost legal services.

A.F. Ferguson & Co. for providing auditing services at a nominal charge.